

The Significance and Implementation Strategy of Introducing Professional Training into Football Teaching

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Abstract: Based on the characteristics of modern football, based on educational theory and training theory, the author discusses the need for football teaching training to adapt to social development with dialectical materialism. It is necessary to accurately grasp the time and space dimension of football teaching and training, pay attention to the stability, flexibility and coordination of the three joints, scientifically guide the football teaching and training work, and improve the quality of teaching and training. Introducing professional training into football teaching and popularizing relevant football knowledge can enable students to master more football-related skills, and students can better integrate learning and sports organically.

1. Introduction

In recent years, China has always advocated the educational concept of quality education. The purpose is to enable students to develop in an all-round way, so that students have a positive and optimistic psychological state on the premise of ensuring good health. After the introduction of football teaching into the primary school stage, some basic knowledge of football, the history of football development and evolution, and the famous people in the football world can be introduced into the relevant textbooks of the school, which is conducive to the development of school physical education materials, thus serving the school football team. Training provides theoretical support. Nowadays, an urgent problem to be solved is the problem of special students in sports. The smooth resolution of the relationship between their study and football training needs to be recognized and supported by relevant social departments ^[2].

2. Current status of football teaching and the role of professional training

2.1 Analysis of the current status of football teaching

Popularizing football knowledge and introducing football teaching into elementary school can not only give primary school students a preliminary understanding of football related knowledge and skills, but also the emergence and development of football, thus effectively stimulating students' enthusiasm for football and sports. More importantly, In the football sports, the quality of unity and cooperation, and the quality of the students will greatly help them to live and study in the

future. It is conducive to the formation of good quality such as diligence, hard work and persistence [3].

2.2 The role of professional training in the introduction of football teaching

The key point in introducing football teaching into primary school is to develop a set of teaching materials related to football in light of the actual situation of the school. First of all, in the aspect of football training, through the teaching of football to students, the students are given certain football training, so that students can experience the spirit of hard work and progress in the process of football training.

Table 1 Students' extracurricular physical exercise under traditional teaching mode

Movement frequency (times/week)	0	1	2	3	>3	X2	P
Number of people	24	298	128	102	27	184.796	0.000
Percentage (%)	4.1	51.4	22.1	17.6	4.6		

Table 2 Student exercise frequency after the introduction of professional training

Exercise time (min)	<30	30-60	>60	X2	P
Number of people	319	169	91	232.624	0.000
Percentage (%)	55.1	29.2	15.7		

Secondly, in terms of activities, for example, some football competitions and essay activities can be carried out, which not only can train the students' body, but also help students to dare to struggle and compete, unite and cooperate with the formation of good quality. Next, in the classroom teaching, some cultures such as solidarity, cooperation and hard work formed in football teaching are conducive to the formation of a good, relaxed and cheerful classroom atmosphere [2]. Finally, in the development of the school, the excellent culture formed in football teaching is conducive to the improvement of the quality and ideological realm of all teachers and students, and has played a certain role in promoting the development of teachers and students, the development of schools, and the improvement of the quality of school teaching.

3. Practical significance of professional training in football teaching

3.1 is conducive to the formation of new educational teaching concepts and campus culture

Nowadays, the development of football teaching has encountered many obstacles, which seriously restricts the development of students in all aspects. First of all, in terms of culture, China has not yet formed a culture that advocates football. In this large cultural context, the development of football teaching is bound to be hindered. Secondly, in the social aspect, the attention of all sectors of society and various departments on football teaching is not high. Finally, in terms of education, in the face of today's exam-oriented education, people pay more attention to test scores rather than the comprehensive level and ability of students [1].

3.2 Promote the development of students' diversity

Effectively linking football teaching with other subject teachings, the development of football teaching not only helps students master some basic knowledge and skills related to football, but also trains students' physique, and effectively links them with other disciplines. The process of football teaching is the process of students carrying out practical activities. Students can experience a variety of practical situations, which can be regarded as a practical teaching of other related disciplines. By effectively combining theory and practice, students can better learn related knowledge.

3.3 is conducive to the improvement of the overall quality of teaching

The culture of football has penetrated into other disciplines. Nowadays, many of the courses that primary school students learn have football culture. Therefore, infiltration of football culture into various disciplines is conducive to the improvement of overall teaching quality. For example, you can combine football teaching with language lessons and after a series of football activities, let the student's record in the language class and express their feelings. On the one hand, you can exercise your ability to write, observe and think. On the other hand, you can be seen as a practical activity of students, which enhances the ability of students to communicate with others and the life experience of students.

Table 3 Statistical analysis of the role of professional training of football teaching

Number/name	Function
Student Education Record	Used to Transfer Student Data Between Educational Institutions
Student Education Record	Confirmation Provides intelligent automatic confirmation when student records are received
Student Education Record	Allow Educational Institutions to Submit Automated Student Record Requests
Response to education record	request Automated response to student record request
Human Resource Information	Used to Transfer Personnel Record Data Between Educational Agents
Educational institutions	Used to transmit information about educational institution characteristics between educational agents
Government Statistics	Used to send responses to government surveys.

3.4 Innovative for the traditional teaching of the school

Injecting new ideas into the school to introduce football teaching into primary school can be said to be an innovation in school education and teaching. The improvement of football-related teaching materials, the richness of teaching cases, and the novelty of the papers fully verify the effect of this introduction. At the same time, football teaching allows students to walk out of the classroom and strengthen communication and cooperation between students, teachers and students. In addition, the overall culture of the campus also contains a football culture, which promotes the construction of school culture ^[1]. In the process of primary school teaching, schools, society, and various departments must not be satisfied with the current stagnation. In the process of reflection, we must

continue to innovate, forge ahead, improve the overall teaching quality of the school, and inject a positive; the new ideas of hard work and hard work will contribute to the development of education and sports in China.

4. The implementation strategy of professional training to introduce football teaching

4.1 Using football games to make the class no longer boring

Interest is the premise of learning. For the development of "campus football", expanding and nurturing the football population is based on cultivating interest and forming hobbies. It is the first place to find more ways to engage more students and stimulate students' interest. In the game, students will develop mutual help and competing team awareness, and improve the mastery of students' football skills. It is of great help. At the same time, it can solve some of the problems in campus football venues, funds, etc., and improve the quality of football teaching.

4.2 "It's better to practice than one hundred lectures"

The current promotion of football teaching reform is the first task to develop campus football. Experts in the fields of education and sports are writing curriculum guides and training programs for primary and secondary schools, and improving students' football skills is an important way to expand and nurture the football population. For the general school, 10 football sessions per semester, and 1 round of football lessons per week in the traditional football school, it is necessary to do "one hundred is better than one practice" in teaching, and it is necessary to let the students realize the truth through practice. And use the card square test formula to analyze the results of the reform attempt:

$$\chi^2 = \sum \frac{(f_o - f_e)^2}{f_e} \sim \chi^2 \quad (1)$$

This is the original formula for the chi-square test, where the larger f_e ($f_e \geq 5$), the better the approximation. Obviously, the greater the difference between f_o and f_e , the larger the chi-square value; the smaller the difference between f_o and f_e , the smaller the chi-square value; therefore, it can be used to indicate the degree of difference between f_o and f_e . According to this formula, it can be seen from Tables 1 and 2 above that the number of exercise time in our school group is less than 30 minutes, accounting for 55.1%. Many students have technical tips on the technical action terminology and action of football professional [2].

4.3 Organize teaching competitions, consolidate and improve in passion

In the usual football teaching, most students fall into the teaching competition in the teaching competition. The basic skills are not practiced, and they are thinking about playing games all the time. This situation is very common, and students are eager to seek success. Playing the game without the basic skills of football is easy to form a wrong action stereotype. This is the idea of many front-line teachers. In fact, in football teaching, teachers can use the enthusiasm of students to play football games, change the organization and methods of football teaching competitions, and improve students' skills through competitions.

5. Conclusions

In summary, we can see that it is very important to introduce professional training into football teaching. It is conducive to the development of school physical education textbooks, helping

students to realize the all-round development of morality, education and body under this new education and teaching mode. It plays a certain role in promoting the education and teaching concept of the school and the formation and development of campus culture. In addition, it is also conducive to the innovation of school education and teaching, and has promoted the continuous development and advancement of the entire education.

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